

PLEASE NOTE DATE CHANGE

Divorce Recovery Workshop

with Ray Campton

Thursdays, **April 15 through May 27**. Cost is \$125 (donation) per person. to hold your spot, please send a \$35 deposit to:

Lafayette-Orinda Presbyterian Church
49 Knox Drive, Lafayette CA 94549,
ATTN: Robin Freeberg.

Questions? Call x250 or robin@LOPC.org.



A time and place for hope and healing.

Ray will present information on the following topics:

- ...The stages of divorce recovery
- ...Recognizing and dealing with feelings
- ...Letting go of the past and taking responsibility for the future
- ...The power of forgiveness
- ...Setting reasonable expectations and healthy boundaries
- ...Co-dependence
- ...Moving on — avoiding old mistakes

Most participants report that they learn and heal not only because of information Ray provides, but also because of the relationships formed between workshop participants.

Coffee, tea and desserts will be provided each week. ■

LAFAYETTE-ORINDA PRESBYTERIAN CHURCH

49 Knox Drive :: Lafayette CA 94549

925.283.8722 LOPC.org

All are Welcome!